

THE WAY OF THE CROSS IN THE PRAYERS OF SAINT BRIDGET OF SWEDEN

Over the next fourteen days, we will follow the Stations of the Cross using the prayers of S. Bridget of Sweden.

Bridget was a 14th Century princess who was married at the age of 13 and had 8 children. After a Pilgrimage, she and her husband decided to take a vow of chastity and devote themselves to the religious life.

S. Bridget always had a special devotion to the Passion of Christ. Whilst praying before a Crucifix in Rome, Christ is said to have appeared to her and revealed fifteen prayers based on his Passion. Extracts from these form the three-line prayers after the Bible reading in each Station.



PRAYERS OF PREPARATION

✠ In the Name of the Father, the Son, and the Holy Spirit: **Amen**

Jesus our Saviour, the path that we intend to follow was marked by your sweat and blood; it saw you despised and rejected. Give all who walk this road the spirit of true penitence, and help us to bear with courage and patience all the crosses and humiliations in the pilgrimage of life, knowing that we are following you. **Amen**

O God, I love you with my whole heart, and above all things, and am heartily sorry for my sins and offences.

May I never offend you any more.

May I love you without ceasing,

and make it my delight to do in all things your most holy will.